



65% of US Households May Not Meet Their Retirement Goals!\*

Will Yours Be One of Them?

Millions of Americans are in danger of not achieving the retirement goals they have worked their entire lives to attain. Studies\* highlight the financial challenges, but often overlooked are the emotional challenges that may also detract from happiness during our golden years.

Pasadena City College PCC Extension Presents

## “I’m Home ... For Good!”

a one-day workshop to help you better manage the financial and emotional challenges for a successful retirement

A successful retirement starts with having the FINANCIAL RESOURCES to make smart choices:

- DO YOU HAVE “YOUR NUMBER” TO KNOW THE FEASIBILITY OF YOUR RETIREMENT GOALS?
- HOW CAN YOU CREATE AN INVESTMENT PLAN TO ACHIEVE THEM?

Once finances are in order, focus becomes the emotional and lifestyle changes associated with retirement:

- HOW CAN YOU KEEP THE PHYSICAL BODY HEALTHY AS AGING CHALLENGES DEVELOP?
- HOW CAN YOU DISCOVER NEW INTERESTS AND ACTIVITIES TO FIND FULFILLMENT SO TO WARD OFF DEPRESSION AND BETTER MANAGE CHANGES IN RELATIONSHIPS AND ROLES.



**JOANNE MORAN, PH.D., PSY.D.** is a clinical psychologist with over 40 years of experience working with individuals and couples.

**MITCHELL KAUFFMAN** is a CERTIFIED FINANCIAL PLANNER™ with over 35 years of experience working as an independent wealth manager.

### SATURDAY, JUNE 24

- 9:00 am – 1:00 pm
- Course #0336X; Cost \$59 including materials
- Pasadena City College, Main Campus, R-115

Don't miss this unique opportunity to achieve retirement success! Call (626) 585-7608 now to enroll or visit [www.pcclearn.org](http://www.pcclearn.org)